

Ruby Nadler, Ph.D.

Sigma Assessment Systems

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I create innovative applications and programs to enhance leadership effectiveness and well-being.

I specialize in mindfulness, emotional intelligence, creativity, and judgement and decision-making.

Education

Ph.D., Psychology, The University of Western Ontario, London, Ontario Canada 2013.
Thesis title: "The Influence of Mood and Motivation on Psychological Flexibility".

M.Sc., Psychology, The University of Western Ontario, London, Ontario Canada 2008

B.Sc., Psychology, Trent University, Peterborough, Ontario Canada 2006

B.Ed. (incomplete), Primary, Queens-Trent Concurrent Teacher Education Program, 2002-2005

Awards

Ontario Centres of Excellence Talent Edge Postdoctoral Fellowship

Sigma Assessment Systems

2015-present

Total value \$115,000

Provincial

MITACS Elevate Postdoctoral Fellowship

Sigma Assessment Systems and The University of Western Ontario

2013-2015

Total value: \$115,000

National

Natural Sciences and Engineering Research Council of Canada (PGS-D2)

The University of Western Ontario

2010-2012

Total value: \$42,000 (over two years)

Ontario Graduate Scholarship

The University of Western Ontario

2009-2010

Total value: \$15,000

Awards Cont'd Trent University Entrance Scholarship

Institutional

2002-2005

Total value: \$7, 500

Queen Elizabeth II Aiming for the Top Tuition Scholarship

Provincial

2002-2005

Total value: \$10, 500

**Refereed
Publications**

Nadler, R., Cordy, M., Stengel, J., Segal, Z.V., & Hayden, E.P. (2016). A Brief Mindfulness Practice Reduces Self-Reported Arousal in Young Children. Manuscript submitted for publication.

Nadler, R., & Archibald, L. M. D. (2014). The assessment of verbal and visuospatial working memory with school age Canadian children. *Canadian Journal of Speech-Language Pathology and Audiology*, 38, 262-279.

Nadler, R., & Minda, J.P. (2011b). The absence of positive affect is associated with complex rule use. In L. Carlson, C. Hölscher, & T. Shipley (Eds.), *Proceedings of the 33rd Annual Conference of the Cognitive Science Society* (pp. 1757-1762). Austin, TX: Cognitive Science Society.

Nadler, R., & Minda, J.P. (2011a). Motivational influences on attentional scope. In L. Carlson, C. Hölscher, & T. Shipley (Eds.), *Proceedings of the 33rd Annual Conference of the Cognitive Science Society* (pp. 1318-1323). Austin, TX: Cognitive Science Society.

Nadler, R., Rahel, R.R., & Minda, J.P. (2010). Better mood and better performance: learning rule-described categories is enhanced by positive mood. *Psychological Science*, 21, 1770-1776.

Nadler, R., Lin, P. S. L., & Minda, J. P. (2008). Regulatory fit effects in a nonlinearly separable category learning task. In B. C. Love, K. McRae, & V. M. Sloutsky (Eds.), *Proceedings of the 30th Annual Conference of the Cognitive Science Society* (pp.1213-1218). Austin, TX: Cognitive Science Society.

**Professional
Service**

Guest Editor, *Personality and Individual Differences: Special Issue - Mindfulness* (2015)

**Conference
Presentations**

Nadler, R. T., Carswell, J., & Minda, J. P. (2015, November). Using Eye-tracking to Investigate Faking on Personality Assessments. Poster presented at the 56th Annual Meeting of the Psychonomic Society, Chicago, IL.

Nadler, R. T., & Minda, J. P. (2013, November). Complex Rule-based Category Learning is Related to Depressive Symptoms and Positive Mood. Poster presented at the 54th Annual Meeting of the Psychonomic Society, Toronto, ON.

Nadler, R. T., & Minda, J. P. (2012). Regulatory Focus Influences Breadth of Categorization. Poster presented at the Association for Psychological Science. Chicago, IL.

Conference Presentations Cont'd

Nadler, R.T., & Minda, J.P. (2011). Motivational Influences on Attentional Scope. Talk presented at the 33rd Annual Conference of the Cognitive Science Society. Boston, MA.

Nadler, R.T., & Minda, J.P. (2011). The Absence of Positive Affect is Associated with Complex Rule Use. Poster presented at the 33rd Annual Conference of the Cognitive Science Society. Boston, MA.

Minda, J.P., & **Nadler, R.T.** (2010, November). Mood, Cognitive Flexibility, and Category Learning. Talk presented at the 51st Annual Meeting of the Psychonomic Society, St. Louis, MO.

Nadler, R. T., & Minda, J. P. (2009, November). The Effects of Regulatory Focus on Perceptual Triad Classification. Poster presented at the 50th Annual Meeting of the Psychonomic Society, Boston, MA.

Nadler, R.T., Minda, J.P., & Hayden, E. (2009). Effects of Depression on Category Learning. Poster presented at the Annual Meeting of the Poster presented at the 5th Annual Southern Ontario Behavioural Decision Research Conference, St. Catharines, ON.

Nadler, R.T., Lin, P.S.L., & Minda, J.P. (2008). The Effect of Regulatory Fit on the Learning of Complex Rule-Based Categories. Poster presented at the Annual Meeting of the Canadian Society for Brain, Behaviour and Cognitive Science, London, ON.

Nadler, R.T., Lin, P.S.L., & Minda, J.P. (2008). Regulatory Fit Effects in a Nonlinearly Separable Category Learning Task. Poster presented at the 29th Annual Cognitive Science Society, Washington, DC.

Nadler, R.T., Lin, P.S.L., & Minda, J.P. (2008). Effects of Reward Structure and Motivational Focus on Decision Making. Poster presented at the 4th Annual Southern Ontario Behavioural Decision Research Conference, Waterloo, ON.

Lin, P.S.L, **Nadler, R.T.**, & Minda, J.P. (2008). Motivational factors in decision making: Effects of regulatory fit on strategies in category learning. Poster presented at the 3rd annual Judgement and Decision-Making Pre-Conference at the 9th Annual Society of Personality and Social Psychology (SPSP) Conference, Albuquerque, NM.

Nadler, R.T., Minda, J.P & Lin, P.S.L. (2007). Motivational Focus Interacts with Reward Structure in Category Learning. Poster presented at the 48th Annual Meeting of the Psychonomic Society, Long Beach, CA, November 2007.

Minda, J.P. & **Nadler, R.T.** (2007). Classification and Prediction: The Role of Task Order. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Nadler, R.T. & Im-Bolter, N. (2006). Reading and Language in Children with Reading Disability and Language Impairment. Poster presented at the 36th Annual Psychology Undergraduate Thesis Conference, Waterloo, ON.

Supervisory Experience

Research supervisor to Ana Ruiz Pardo, 2014-2015.

Research supervisor to Monica DaSilva, 2011-2012.

Honours Thesis Supervisor to Erika Busk, 2010-2011.

**Teaching
Experience**

Instructor for Introduction to Cognition 2135a, Fall 2012, an online course at The University of Western Ontario.

Research Assistant, Cognitive Science/Psychology 3139B, Winter 2012.

- Developed, taught, and graded a Wikipedia article-writing assignment.

Research Methods and Statistics, Psychology 2820, Fall/Winter 2008-2010.

- Taught weekly 2-hour statistics seminar.

Teaching assistant experience:

Psychology 2040 (Child Development). Fall 2011.

Psychology 2075 (Human Sexuality). Fall/Winter 2010-2011.

Psychology 447g (Attachment: Theory, Research and Application). Winter 2008.

Psychology 235b (Introduction to Cognition). Winter 2007, Fall 2007.

Psychology 020 (Introduction to Psychology). Winter 2007, Winter 2008.

Psychology 235a (Introduction to Cognition). Fall 2006.

Psychology 234a (Introduction to Psycholinguistics). Fall 2006, Fall 2007.

Teacher Candidate, Kawartha Pine Ridge District School Board, Queens-Trent Concurrent Education Program, 2002-2005.

**Volunteer
Activities**

Mass Testing Coordinator, The University of Western Ontario, 2010-2012.

Undergraduate Affairs Committee Member, The University of Western Ontario, 2008-2010.

Society of Graduate Students Councillor, The University of Western Ontario, 2008-2009.

Psychology Graduate Student Association Committee, The University of Western Ontario, 2007-2008.

Department of Psychology Colloquium Committee, The University of Western Ontario, 2006-2007.

Tutor, Computers for Literacy Development, Learning Disabilities Association of Peterborough, ON, 2004-2005.

Tutor, Encouraging Young Readers Program, Learning Disabilities Association of Peterborough, ON, 2003-2004.